

## Sarah Green's Tillingham Grown Organic Vegetables

Sarah is passionate about growing delicious organic, seasonal vegetables. On 30 acres of Soil Association registered farmland, situated on the peaceful marshes of the Dengie Peninsula in Essex, she produces a wide range of vegetables all year round, from aubergines to onions, cabbages to courgettes, and many more.



Providing fresh vegetables every week of the year is quite a challenge, but careful planning means that Sarah offers an interesting and varied range of seasonal produce throughout the four seasons.

Sarah delivers to Lathcoats once or twice a week and, as the seasons progress, it is always a nice surprise to see what is on the van!

